ACTIVITY BOOK

Family Sundays at Onassis

MARCH 26
APRIL 23
MAY 21
JUNE 11
This Activity Book belongs to

________________________________________
(name)

Who visited A World of Emotions:
Ancient Greece, 700 BC–200 AD for
Family Sundays at the
Onassis Cultural Center New York on

________________________________________
(date)

Activity Book created by Tamar MacKay in collaboration with Zoe Dolan and the Onassis Cultural Center New York Staff and Program Teaching Artists Leigh Poulos, Efi Latifi, Monica Palma, Andrew Siebengartner, and Benjamin Weiner

Activity Book designed for the Onassis Cultural Center New York
Family Sundays at Onassis
For the exhibition A World of Emotions: Ancient Greece, 700 BC–200 AD
March 26, April 23, May 21, June 11, 2017
Music is the shorthand of emotion.
— Leo Tolstoy

The exhibition today focuses on emotions in ancient Greece. Many of the emotions in the exhibition are ones that we can relate to and feel today. We decided to further explore this concept through the expression of music. How does music reflect or enhance what we are feeling?
EMOTIONS OF THE GODS: MARCH 26 AND APRIL 23

Your tour today covers the artifacts below, and we want to know how you feel about what you see today! Tell us your reactions below.

#1 STATUE OF POTHOS
Pothos is the god of nostalgic desire, and is often pictured with gods Himeros and Eros (see artifact #2).

Circle your reaction (or reactions!).

Draw or write about how you felt looking at this artifact.

#2 EROS STRINGING HIS BOW
Eros, or Cupid in the Roman era, was the force of love divinized, or turned into a god.

Circle your reaction (or reactions!).

Draw or write about how you felt looking at this artifact.
#3 NECK-AMPHORA
(container with two handles and a narrow neck) WITH
SCENE OF EURYSTHEUS [EVRISTEAS]
(king of Mycenae, a city in ancient Greece) IN THE PITHOS (large container)
King Eurystheus hides in a large container because he is afraid of
the boar that Herakles (Latin: Hercules) holds, while others look on.

Circle your reaction (or reactions!).

Draw or write about how you felt looking at this artifact.

#4 STATUE OF A KORE
A Kore is a type of ancient Greek sculpture that always depicts young women. The young woman here gathers her long garment as she approaches the goddess of the Acropolis, Athena, to whom she will offer a fruit, a bird, or a flower.

Circle your reaction (or reactions!).

Draw or write about how you felt looking at this artifact.
Your tour today covers the artifacts below, and we want to know how you feel about what you see today! Tell us your reactions below.

**#1: FUNERARY STELE FOR A LOVABLE PIG, VICTIM OF A TRAFFIC ACCIDENT**
This slab, or large piece of stone, preserves the memory of a pig who was killed in a traffic accident.

Circle your reaction (or reactions!). 🥰 😞 😨 😪 😞 😥

Draw or write about how you felt looking at this artifact.

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**#2, #3 HEADS OF ACHILLES AND PENTHESILEIA**
Penthesileia was a queen of the Amazons, and Achilles was a Greek hero of the Trojan War. Achilles killed Penthesileia in battle and fell in love with her just before she died.

Circle your reaction (or reactions!). 🥰 😞 😨 😪 😞 😥

Draw or write about how you felt looking at this artifact.
#4: BOX AND FIGURINE WITH INCISED CURSES
This curse box has a small figurine (similar to a voodoo doll) labeled with the name Mnesimachos. On the other side there is a curse aimed at him along with the names of his friends and relatives.

Circle your reaction (or reactions!).

Draw or write about how you felt looking at this artifact.

#5: NECK-AMPHORA (container with two handles and a narrow neck) WITH SCENE OF EURYTHEUS [EVRISTEAS] (king of Mycenae, a city in ancient Greece) IN THE PITHOS (large container) King Eurystheus hides in a large container because he is afraid of the boar that Herakles (Latin: Hercules) holds, while others look on.

Circle your reaction (or reactions!).

Draw or write about how you felt looking at this artifact.
TELL ME MORE
MESSAGES FROM ANCIENT GREECE:
APRIL 23 AND MAY 21

Your tour today covers the artifacts below, and we want to know how you feel about what you see today! Tell us your reactions below.

**#1 FOUR OSTRAKA AGAINST THEMISTOKLES SON OF NEOKLES**

In the Athenian democracy names were written on pieces of clay called ostraka, and if enough people wrote the same name, that person could be banished from the city-state for ten years. These four ostraka were never used, but they all say “Themistokles Son of Neokles.” He was eventually ostracized.

Circle your reaction (or reactions!). 🌟❤️😊😄😆😭❤️

Draw or write about how you felt looking at this artifact.

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**#2 VARIOUS OSTRAKA**

A variety of Ancient Greek ostraka with peoples’ names.

Circle your reaction (or reactions!). 🌟❤️😊😄😆😭❤️

Draw or write about how you felt looking at this artifact.
Circle your reaction (or reactions!). 😊❤️😄 %= 😞 😕

Draw or write about how you felt looking at this artifact.

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#4: BOX AND FIGURINE WITH INCISED CURSES
This curse box has a small figurine (similar to a voodoo doll) labeled with the name Mnesimachos. On the other side there is a curse aimed at him along with the names of his friends and relatives.

Circle your reaction (or reactions!). 😊❤️😄 %= 😞 😕

Draw or write about how you felt looking at this artifact.
MAP YOUR EMOTIONS: TODAY

Make a list of what you did today.

Here are examples:
Woke up
Ate my favorite breakfast

Next, write how each step of your day made you feel.
Cut out the artifacts from the previous pages to match each emotion to the emotion of your day, or draw your own pictures!

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<th>What I did</th>
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<td>How I feel</td>
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Write a song in a Family Program style! Follow the steps below to write your own song.

My song will be (circle one):

A **Ballad** or **Athenian Ballad**— a song that narrates a story that is gentle or sad. Example: “Puff the Magic Dragon” (Peter, Paul and Mary)

A **Comic Song**— a humorous or funny song. Example: “What Does the Fox Say” (Ylvis)

A **Love Song**— a song about being in love, falling in love, or sometimes heartbreak. It is usually about romantic love but can also be about other kinds of love. Example: “Hello” (Adele)

A **Nisiotika**— a song from the Greek islands in one of the folk styles. Example: “S’agapo giati ’sai oraia”* (Alkistis Protopsalti)

*Translation: I love you because you’re beautiful

A **Protest Song**— a song that is associated with a social cause or social change. Example: “Get Up, Stand Up” (Bob Marley)

My song will be about ________________________________________________

(We suggest writing about a Greek god, an emotion, or a Greek monster such as a Gorgon)

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**Teaching Artist**
Panayotis League
plays the tsambouna
(a Greek island goatskin bagpipe)
at Antigone Now: *Everyday Superheroes.*
Now brainstorm rhyming words related to your topic.

Word 1: __________________________
Rhymes with: __________________________

Word 2: __________________________
Rhymes with: __________________________

Arrange your rhyming words in the following way, leaving room at the beginning of each line to add in lyrics.

_________________________ Word 1
_________________________ Word rhyming with word 1
_________________________ Word 2
_________________________ Word rhyming with word 2
_________________________ Word 1 repeat
_________________________ Word rhyming with word 1 repeat

Add words to the beginning of your rhyming words to make full sentences. Now you have the lyrics to a song! Feel free to repeat the steps for other verses or to rewrite your lyrics below. You can use your own musical instruments to accompany your songs, or make your own maraca to go along with your song (see the next page).

EXAMPLE
Word 1
Word rhyming with word 1 star
Word 2
Word rhyming with word 2 are
Word 1 repeat
Word rhyming with word 1 repeat high
Word 2
Word rhyming with word 2 sky

Twinkle, twinkle, little star,
How I wonder what you are.
Up above the world so high,
Like a diamond in the sky.
EMOTIONAL EXPRESSION
MARACA

Make your own maraca using the instructions below.

WHAT YOU NEED:
Two styrofoam or paper cups, or an empty toilet paper roll
Crayons, markers, stickers
Tape
Dried beans or pennies

STEPS TO MAKE IT:
1. Decorate the paper cups or toilet paper roll.
2. If you’re using a toilet paper roll, fold in the bottom and seal it with tape.
3. Place a handful of beans or pennies into one cup or the roll.
4. Tape the two cups together or tape the top of the roll.
5. Shake to the rhythm of your song!

Image from Antigone Now: Everyday Superheroes at Onassis Cultural Center New York

Photo: Beowulf Sheehan
Today you were able to create your own plate design, inspired by the Plate with a Gorgoneion.

How does the Gorgon on the plate make you feel?

The Gorgon was a female monster who was supposed to ward off enemies. But when displayed on the plate, the image was probably meant to surprise and amuse guests, who would only see the Gorgon after finishing their food.

Today you made your very own plate inspired by **terracotta colors** and the Gorgon. The ancient Greek plate was made from **terracotta**, a type of clay that was then put in a type of oven called a **kiln** to **fire** (bake). After that, the plate was ready to use. Because of the temperatures that were used and the ways that the chemicals in the clay reacted with the **oxygen** (which is in the air we breathe), these clay items (such as plates, objects for decorations, sculptures, and more), the overall colors were often shades of yellow, orange, red, deep pink, or brown.

When you get home, you can bake your plate in the oven using the following instructions, to preserve your Greek-inspired masterpiece!

**OVEN-FIRED PLATES: ALWAYS DO THIS WITH A GROWN-UP!**
1. Pre-heat the oven to 350 degrees.
2. Once your oven is heated, put your plate in the center and bake for 30 minutes.
3. Turn off the oven. Let the plate cool in a safe place for 2 hours, away from any heat.
4. Try not to use your plate for 12 to 24 hours, to ensure that it is ready.
5. Put your art on display!

You can create more original plates by using blank **ceramic plates** and **oil-based sharpies**, and repeating the steps above. Enjoy!
ON YOUR FEET ACTIVITY
GREEK GODS AND HEROES SCAVENGER HUNT

Find the artifact in the exhibition to answer these statements, or use your knowledge of ancient Greece to help you.

1. The Greek god known for representing the emotion of love.

2. The greatest Greek hero, who falls in love with Penthesileia.
3. The god who turns into an eagle.

4. The god of wine.

5. The Greek hero who is uneasy when playing another Greek hero in a board game.

EMOTIONAL EXPRESSION

Write or draw what inspired you today!
MAP YOUR EMOTIONS: EMOJI STORYTELLING

Cut out the emojis below to do the activity on page 19.
MAP YOUR EMOTIONS: EMOJI STORYTELLING

Cut out the emojis to tell the story of the artifacts like the example below.

EXAMPLE:

FUNERARY STELE FOR A LOVABLE HOG, VICTIM OF A TRAFFIC ACCIDENT
This slab memorializes a pig, who was killed in a traffic accident.

EMOJI STORIES

BOX AND FIGURINE WITH INCISED CURSES (VOODOO DOLL)
A curse box is made with a small figurine labeled Mnesimachos.
AMPHORA (CONTAINER WITH TWO HANDLES AND A NARROW NECK) WITH SCENE OF ACHILLES AND AJAX PLAYING A BOARD GAME

The painter shows us Achilles and Ajax playing dice or a board game. Achilles and Ajax are both Greek heroes of the Trojan war, but Achilles is the better fighter of the two.

INSCRIBED VOTIVE RELIEF WITH EARS

Two ears are depicted on the small marble relief, and above them hang vine branches with leaves, and bunches of grapes. This relief is dedicated to Dionysos, god of wine.
Write or draw what inspired you today!
EMOTIONAL EXPRESSION

Write or draw what inspired you today!